



1st AL AIN HEART FAILURE FORUM



26-27 JUNE 2026



AYLA GRAND HOTEL AL AIN, UAE

WHERE KNOWLEDGE MEETS THE HEART

PROGRAM BOOK

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PROGRAMME OVERVIEW

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WELCOME

Welcome Message

We are delighted to welcome you to the 1st Al Ain Heart Failure Forum, a new platform dedicated to advancing knowledge, collaboration, and clinical excellence in the field of heart failure and cardiovascular medicine.

This inaugural edition marks an important step toward creating a forum where regional and international experts can come together to share insights, discuss emerging evidence, and explore practical approaches that enhance patient care. The programme features a distinguished faculty and a carefully curated series of sessions covering key developments in heart-failure diagnosis, treatment strategies, and multidisciplinary care.

Beyond the scientific programme, this forum offers an opportunity to strengthen professional connections, encourage collaboration, and support the continued growth of the cardiovascular community. We encourage all participants to engage actively in the discussions, exchange experiences with colleagues, and make the most of this unique learning environment.

Thank you for being part of this important first edition. We look forward to welcoming you to Al Ain and to a productive and inspiring forum.



**Dr. Mohamed
ElHarari**

Forum Chair
Consultant Cardiologist
Sheikh Tahnoon Medical
City

UNITED ARAB EMIRATES



Prof. Feras Bader

Forum Co-Chair
Professor of Medicine &
Cardiology
Chairman & CEO, Middle
East Heart Academy

UNITED ARAB EMIRATES

FORUM LEADERSHIP

Scientific Committee



Dr. Mohamed ElHarari

Forum Chair
Consultant
Cardiologist
Sheikh Tahnoon Medical
City

UAE



Prof. Feras Bader

Forum Co-Chair
Professor of Medicine
& Cardiology
Chairman & CEO,
Middle East Heart
Academy

UAE



Dr. Ali Al Shamsi

Consultant
Interventional
Cardiologist
Chair, Cardiovascular
Department
Sheikh Tahnoon Medical
City

UAE



Dr. Maha Al Ketbi

Consultant
Cardiologist
Sheikh Tahnoon Medical
City

UAE



Dr. Hadi Skouri

Director, Heart Failure
Program
Consultant
Cardiologist
Sheikh Shakhbout
Medical City

UAE



Dr. Amna Al Muaini

Clinical Pharmacist
Sheikh Tahnoon Medical
City

UAE



Ms. Salama Albadi

Heart Failure
Navigator &
Coordinator
Sheikh Tahnoon Medical
City

UAE

DISTINGUISHED SPEAKERS

Faculty



Dr. Bassam Atallah

Associate Dean – Clinical Affairs
Dubai Medical University

UAE



Dr. Ehab Nooh

Cardiac Surgeon
Sheikh Tahnoon Medical City

UAE



Dr. Hani Sabbour

Consultant Cardiologist /
Electrophysiologist
Mediclinic Airport Road Hospital

UAE



Dr. Hussam Ghalib

Director, Cardiomyopathy Center
Consultant Cardiologist, MCS
Director
Cleveland Clinic Abu Dhabi

UAE



Dr. Kumayl Al-Lawati

Head of Heart Failure Services
Consultant Cardiologist
Royal Hospital, Oman

OMAN



Dr. Manyoo Agarwal

Director, Cardio-Oncology
Program
Consultant Cardiologist
Cleveland Clinic Abu Dhabi

UAE



Dr. Mohammad Al-Mehairi

Consultant Cardiologist &
Electrophysiologist
Sheikh Tahnoon Medical City

UAE

DISTINGUISHED SPEAKERS

Faculty *continued*



Dr. Mohammad Sherif
Consultant Interventional
Cardiology and Structural Heart
Diseases
Sheikh Tahnoon Medical City

UAE



Dr. Mosa'b Al-Balas
Clinical Pharmacist
Sheikh Tahnoon Medical City

UAE



Dr. Musa Sharkawi
Interventional & Structural
Cardiologist
Cleveland Clinic Abu Dhabi

UAE



Dr. Najoud Al Seiri
Consultant Cardiologist
Sheikh Tahnoon Medical City

UAE



Dr. Sadek El Mokahal
Consultant Cardiologist
Sheikh Tahnoon Medical City

UAE



Dr. Tamer Montaser
Cardiac & General Critical
Care Consultant
Sheikh Tahnoon Medical City

UAE



Dr. Tarig Omer
Department Chair, Critical Care
Cleveland Clinic Abu Dhabi

UAE



Dr. Walid Omer Ahmed
Lead Cardiac Anaesthesia
Consultant
Sheikh Tahnoon Medical City

UAE

SCIENTIFIC PROGRAMME

Pre-Forum Workshops

Friday, 26 June 2026 · Ayla Grand Hotel, Al Ain · Halls B & C

3:30 – 5:00 PM REGISTRATION & NETWORKING BREAK

5:00 – 7:00 PM **Pre-Forum Workshops**

5:00 – 7:00 PM **ECMO Essentials: From Physiology to Practice** · Pearl Ballroom B
Facilitators: Dr. Tamer Montaser, Dr. Walid Omer Ahmed, Dr. Tarig Omer & Dr. Ehab Nooh

5:00 – 6:00 PM **Pharmacy Workshop** — HF Pharmacotherapy & Medication Optimization · Pearl Ballroom C
Facilitators: Dr. Amna Al Muaini, Dr. Bassam Atallah & Dr. Mosa'b Al-Balas

Workshops run in parallel in Halls B and C.

SCIENTIFIC PROGRAMME

Day 1 - Saturday, 27 June 2026

8:00 – 8:30 AM

REGISTRATION & NETWORKING

8:30 – 9:00 AM

Welcome & Opening Ceremony

Dr. Ali Al Shamsi, Prof. Feras Bader & Dr. Mohamed ElHarari

9:00 – 10:15 AM

Session I — Acute Heart Failure and Transition of Care

Chairpersons: Dr. Kumayl Al-Lawati & Dr. Ali Al Shamsi

9:00 – 9:15 AM

Challenges in Diuretic Management in the Heart Failure Patient

Dr. Sadek El Mokahal

9:15 – 9:30 AM

Management of HF with Chronic Kidney Disease

Dr. Mohamed ElHarari

9:30 – 9:45 AM

Guideline-Directed Medical Therapy for HF

Dr. Amna Al Muaini

9:45 – 10:00 AM

Role of the HF Nurse in HF Management

Ms. Salama Albadi

10:00 – 10:15 AM

Panel Discussion

10:15 – 10:35 AM

◆ Satellite Symposium by **Novo Nordisk****INFLAMMATION at the core of the HEART Failure: Prevalence of Inflammation in Heart Failure patients**

Dr. Mohamed ElHarari

10:35 – 10:50 AM

COFFEE BREAK

SCIENTIFIC PROGRAMME

Day 1 *continued*

10:50 AM – 12:05 PM

Session II — Comorbidities in HF Patients

Chairpersons: Dr. Hussam Ghalib & Dr. Amna Al Muaini

10:50 – 11:05 AM

A Patient with Heart Failure and Hyperkalaemia

Dr. Maha Al Ketbi

11:05 – 11:20 AM

A Patient with HF and Iron-Deficiency Anaemia

Dr. Kumayl Al-Lawati

11:20 – 11:35 AM

A Patient with HF and Atrial Fibrillation

Dr. Mohammad Al-Mehairi

11:35 – 11:50 AM

A Patient with HF and Mitral Regurgitation

Dr. Mohammad Sherif

11:50 AM – 12:05 PM

Panel Discussion (Case-Based)

12:05 – 12:25 PM

◆ Satellite Symposium by **Novartis**
From HTN to HF: Two Faces of the Same Coin

Prof. Feras Bader

12:25 – 12:45 PM

◆ Satellite Symposium by **Viatris**
Role of Dual SGLT 1&2 in Heart Failure Management

Dr. Mohamed ElHarari

12:45 – 1:45 PM

LUNCH BREAK

1:45 – 2:55 PM

Session III — Debates in Heart Failure Management

Chairpersons: Prof. Feras Bader & Dr. Mohamed ElHarari

1:45 – 2:00 PM

Debate 1 • All patients with ICM and established CAD should be revascularised

Dr. Musa Sharkawi

2:00 – 2:15 PM

Debate 1 • All patients with ICM and established CAD should be treated medically

Dr. Manyoo Agarwal

2:15 – 2:20 PM

Debate Reflections

2:20 – 2:35 PM

Debate 2 • All HFpEF patients should be on the 4 Pillars of medical therapy

Dr. Hadi Skouri

2:35 – 2:50 PM

Debate 2 • No evidence for the use of the 4 Pillars in all HFpEF patients at this time

Dr. Hussam Ghalib

2:50 – 2:55 PM

Debate Reflections

SCIENTIFIC PROGRAMME

Day 1 *continued*

2:55 – 3:15 PM

◆ Satellite Symposium by **Pfizer****Shaping ATTR-CM care: The path to optimal outcomes in ATTR cardiomyopathy**

Dr. Mohamed ElHarari

3:15 – 3:35 PM

◆ Satellite Symposium by **AstraZeneca****Eplontersen Efficacy in Mixed Phenotype Patients**

Dr. Hani Sabbour

3:35 – 3:50 PM

COFFEE BREAK

3:50 – 5:05 PM

Session IV — What's New in HF Management in 2026

Chairpersons: Dr. Tarig Omer & Dr. Hadi Skouri

3:50 – 4:05 PM

Role of Advanced Imaging in HF Management

Dr. Najoud Al Seiri

4:05 – 4:20 PM

Updates on Cardiac Amyloidosis

Dr. Hani Sabbour

4:20 – 4:35 PM

Cardiogenic Shock — Which Temporary Mechanical Circulatory Support, and Which Patient?

Dr. Tamer Montaser

4:35 – 4:50 PM

Never Too Early to Refer for Advanced HF Therapies

Prof. Feras Bader

4:50 – 5:05 PM

Panel Discussion (Interactive Polling)

5:05 – 5:25 PM

◆ Satellite Symposium by **Amgen****From LDL-C Targets to Cardiovascular Outcomes**

Dr. Waleed Nafee

5:25 – 5:40 PM

Future Directions & Closing Ceremony

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ACCREDITATION

CME & Certificate of Attendance

The 1st Al Ain Heart Failure Forum is CME-accredited by the Dubai Health Authority (DHA) and the Department of Health – Abu Dhabi (DOH) .

Session Attendance Scanning

- Attendance is monitored by scanning the barcode on your conference badge at the entrance to the session hall.
- CME credits are awarded in accordance with session attendance.

Claiming Your CME Certificate

- After the event, registered attendees receive an online evaluation survey at their registered email address.
- On completion of the survey, the CME certificate is issued automatically by email.
- Please ensure the email address provided at registration is accurate, or the certificate may not be received.

GENERAL INFORMATION

Venue & Contact

VENUE

Ayla Grand Hotel, Al Ain, UAE

The forum is held at the Ayla Grand Hotel in Al Ain — a dedicated conference venue offering plenary and parallel meeting spaces with full audio-visual and technical support for the delivery of the scientific programme.

Friday – Saturday, 26 – 27 June 2026 · Tel +971 3 705 1111

CONTACT

Email aahff@meetingmindsexperts.com

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Thank you for joining us in AL Ain

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